



# TOURNAMENT RULES



1. FIBA rules with some modifications.
2. Games will consist of TWO 22-minute running time halves. OT will be decided by free throw matching. Coaches will select their shooter. Home team shoots first.
3. Pre-game warm-ups will last a minimum of FIVE minutes and the halftime break will be One minute. The warmup and halftime break can be shortened at the discretion of the PT Court Monitor if we are running behind.
4. The first listed team in the draw is the home team and should wear the light coloured uniforms. Teams MUST bring both uniform tops to all games (if available). Teams should sit on the Home/Away bench, as shown on the front of the scoreclock and warm up in front of their bench.
5. All players will be disqualified at FIVE PERSONAL FOULS. Bonus foul shots (two shots) will be shot on the 8th team foul each half.
6. Time-outs must be called through the scoretable. Teams will get ONE 60-second time-outs in each half (no carry-over). Games will not use a shot clock; however, teams that deliberately stall will be given a 10 second warning (at the referee's discretion). 8 second backcourt rules will be in effect.
7. All teams should bring their own warmup balls. Size 6 balls are to be used for all divisions except Boys U14 and above which will use size 7.
8. U11 and below will be permitted to shoot foul shots from 13 feet (one step in front of the foul line). MUST print and sign the scoresheet prior to tip off.
9. Zone defenses are NOT permitted. See handbook for clarification on details.
10. Full court pressing is NOT permitted in the first half. A team may not press while leading by 15+ points.
11. Athletes are only allowed to play on one team per age division in the tournament. Players from a younger division are allowed to play up and/or on multiple teams. Any modifications or requests regarding this rule must be approved by the tournament director AND the opposing coach prior to tip-off.
12. Games are not permitted to start without an adult on the bench. Team coaches are responsible for the conduct and supervision of their players. Unacceptable behavior may result in the person being banned from the gym for the remainder of the Tournament.
13. There is a 5 minute forfeit rule in effect for the league. If a team is not onsite and ready to play within five minutes of the designated game time, the Tournament Director or court monitor may, at his/her discretion thereafter, rule a forfeit (20-0 Final Score).
14. FIRST INITIAL & FULL SURNAMES of players must be listed on the scoresheet.
15. All decisions made by the Tournament Director ARE FINAL!

PRIMETIME SPORTS RECOGNIZES THE FOLLOWING AGE CATEGORIES IN THE SPRING/SUMMER 2024 SEASON

	U18*	U17	U16	U15	U14	U13	U12	U11	U10	U9
SEP	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
OCT	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
NOV	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
DEC	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
JAN	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
FEB	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
MAR	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
APR	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
MAY	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
JUNE	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
JULY	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
AUG	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
SEPT	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
OCT	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
NOV	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
DEC	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015

**GUIDING PRINCIPLES**

LONG TERM DEVELOPMENT RESEARCH DEMONSTRATES THE FLAWS OF PLACING ATHLETES INTO THEIR BIRTH YEAR FOR PARTICIPATION IN SPORTS. IN SHORT, THE DISCREPANCIES THAT CAN OCCUR BETWEEN YOUTH WITHIN THE SAME BIRTH YEAR CREATE SIGNIFICANT DISADVANTAGES FOR LATE DEVELOPING MAKE ATHLETES AND TO A LESSER DEGREE, EARLY DEVELOPING FEMALES. THEREFORE, PROVIDING A RANGE OF MONTHS (16) WITHIN A COMPETITION DIVISION GIVES ATHLETES GREATER FLEXIBILITY TO SHOSE A LEVEL THAT BEST SUITS THEIR NEEDS. ATHLETES, PARENTS AND COACH SHOULD CONSIDER THE SHORT TERM AND LONG TERM BENEFITS OF PLAYING IN DIFFERENT AGE CATEGORIES. IT SHOULD BE NOTED THAT EACH CLUB MAY HAVE THEIR OWN POLICIES REGARDING PLAYING UP/PLAYING DOWN.

\*U18 AGE CATEGORY - ATHLETES MUST BE GRADUATING HIGH SCHOOL IN 2024  
ATHLETES MUST BRING PROOF OF AGE TO THE EVENT