



# U9-14 RULES



1. FIBA rules with a few modifications. Gameplay will use the inside key lines and inside 3pt line (non FIBA)
2. Games will consist of FOUR 8-minute stop time quarters. First overtime period will be 3 min stop time.
3. Pre-game warm-ups will last a minimum of TEN minutes and the halftime break will be FIVE minutes. The warmup and halftime break can be shortened at the discretion of the site coordinator if games are running behind.
4. The first listed team in the draw is the home team and should wear the light coloured uniforms. Teams MUST bring both uniform tops to all games (if available).
5. All players will be disqualified at FIVE PERSONAL FOULS. Bonus foul shots (two shots) will be shot on the 5th team foul every quarter.
6. Unsportsmanlike and technical fouls follow FIBA guidelines.
7. Time-outs must be called through the scoretable. Teams will get TWO 60-second time-outs in the first half (no carry-over) and THREE 60-second time-outs in the second half (only 2 timeouts may be used in the last 2 minutes of 4th quarter). Each team gets one time-out per overtime period (no carry-over).
8. Games will not use a visible shot clock but attempts to deliberately stall will result in a verbal referee 10 second warning (at their discretion). A 30 second shot clock guideline will be in place.
9. 10 second backcourt
10. Maximum point differential applied to standings is 20pts for use in a tiebreaker
11. There is a 5 minute forfeit rule in effect for the league. If a team is not onsite and ready to play within five minutes of the designated game time, the League Director or court monitor may, at his/her discretion thereafter, rule a forfeit (20-0 Final Score).
12. Games are not permitted to start without an adult on the bench. Team coaches are responsible for the conduct and supervision of their players. Unacceptable behavior may result in the person being banned from the gym for the remainder of the League.
13. All players must be listed on the team roster and have their waivers signed to be eligible to play in league competition
14. Coaches and referees MUST print and sign the scoresheet prior to tip off.
15. All decisions made by the League Director ARE FINAL!

**Rules Specific to U10/11 Boys, U12 & U13 Boys Competitive & Development, U13/14 Girls Division:**

1. Man-to-man full court press is permitted but the inbounder must be directly guarded. Help and recover is allowed but trapping is not permitted outside the 3PT line.
2. Full court press is not permitted by the leading team up >15+ points.
3. No zone defences permitted. Help and recover is allowed but trapping is not permitted outside the 3PT line. For further zone specifics and categorization please review our League Handbook.
4. U9-10's will be permitted to shoot foul shots from 13 feet (one step in front of the foul line).
5. Size 6 ball used for all game play.

**Rules Specific to U12 & 13 Boys Elite and ALL U14 Boys Divisions:**

1. No restrictions on zone presses or defenses.
2. Full court presses are not allowed by leading teams up >20+ pts.